



MUSCULAR DYSTROPHY AUSTRALIA RUN FOR STRENGTH 2020

The superhero themed fun run is open to all ages and abilities, with many members of the MD community taking part.

Join Australian television presenter Kristy Mayr and a host of enthusiastic runners and walkers at the 2020 Run for Strength Fun Run, raising funds and awareness for Muscular Dystrophy Australia.

Run for Strength Fun Run 2020 is set to be the biggest yet, with plenty of Melburnians and interstate participants gearing up to run and walk in support of those who can't. It is a fun family event with stalls, BBQ and activities for the whole family.

All proceeds from the day go towards programs, services and research for the Muscular Dystrophy community.



**Sunday February 16, 2020
Palm Lawns, Albert Park Lake**

**8:00am arrival for
9:00am 10km run
9:15am 5km run
9:20am 5km walk**

**Registration fee: \$30, under 14 Free
Superhero capes, caps and t-shirts
available for purchase on the day.**



sign up at <https://www.mycause.com.au/events/runforstrength>